

| CATEGORY | CURRICULUM | HRS |
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| Career Exploration | <p>CONNECTED: ECCCO CAREER DEVELOPMENT CURRICULUM - <i>The National Center for College Career –https://connectednational.org/wp-content/uploads/2021/09/CAREER-DEVELOPMENT-FULL-WORKBOOK-2021.pdf- This curriculum resource is designed to help all students, regardless of background, build the necessary skills, knowledge, and networks for a successful transition beyond high school. The resources are designed to help students reflect on their values and interests as they consider a career field. Students participate in career exploration and preparation experiences, building skills in and applying knowledge of industry best practices, all designed to increase student engagement.</i></p> | |
| | <p>Who am I? (Self-Assessment) - This course encourages students to explore the fundamental question, "What matters to me?", by examining stories of people who are passionate about their careers. It delves into understanding unique learning styles and strengths, helping students answer the question, "How am I Smart?". The course also intertwines personal beliefs and values with career choices, guiding students to align their professional paths with their individual identities and core values.</p> <p>Objectives:</p> <ul style="list-style-type: none"> • Understanding how their interests, strengths, and beliefs can help lead to fulfilling careers • Understanding their learning styles and needs • Exploring stories of successful individuals and how their strengths, interests and beliefs influenced their career paths | 6 |
| | <p>Hobbies, Strengths, & Career Paths - This course is designed to help learners understand how their hobbies and interests can evolve into fulfilling careers. Participants will reflect on their daily activities and how these can inform their career choices. They will then discuss the necessary skills needed to transform their passions into professional success. Through this course, students gain insights into aligning their personal interests with viable career paths, learning to leverage their time and skills effectively.</p> <p>Objectives:</p> <ul style="list-style-type: none"> • Understanding the intrinsic and extrinsic motivators of hobbies and interests and how they affect career choice • Identifying individual skills and how they apply to job readiness. | 3 |
| | <p>Career Exploration: Career Clusters -This course will give students the opportunity to take an in- depth look at 16 career clusters. These clusters are grouped into the following 6 fields: Agriculture, food & natural resources; Arts, communications & information systems; Health science technology; Engineering, manufacturing, technology; Human services; and Business management & administration.</p> | 9 |

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| | <p>Objectives:</p> <ul style="list-style-type: none"> • Research careers in the 16 career clusters and understand the skills needed for jobs in related fields • Introduces students to basic internet research skills focusing on the importance of seeking legitimate and reliable online resources. | |
| | <p>How to Get Where I Want to Be - This course will explore key skills and activities essential for career advancement. The curriculum covers effective networking techniques, in-depth research methods, mastering the art of interviewing, and honing writing skills for professional communication. Additionally, it emphasizes the practical experience gained through job shadowing, internships, and apprenticeships.</p> <p>Objectives:</p> <ul style="list-style-type: none"> • Research careers in the 16 career clusters and understand the skills needed for jobs in related fields • Introduces students to basic internet research skills focusing on the importance of seeking legitimate and reliable online resources. | 6 |
| | <p>T-FOLIO CURRICULUM - Postsecondary Employment and Education Options Unit 2 T-Folio (cctstfolio.com) - <i>T-Folio is a free online transition portfolio tool for high school-age youth with disabilities. Activities are student-centered and emphasize the youth's role as a leader in setting and achieving goals for the future.</i></p> | |
| | <p>What are My Career and Job Goals? - This course provides a guide to setting and achieving career goals. Students will learn the fundamental principles of goal setting and define specific employment and educational objectives. Participants will explore various post-secondary education pathways and learn how to navigate agency options that can support their career journey. The course outlines how to select an appropriate course of study to meet these goals. Finally, students will create a tailored action plan that maps out the steps necessary for success in their chosen employment and education endeavors.</p> <p>Objectives:</p> <ul style="list-style-type: none"> • Understand how to define and outline the steps to achieving a goal • Know how to write a SMART goal • Understand how to recognize and plan for possible blocks to achieving a goal | 6 |
| Counseling on Post-Secondary | <p>CONNECTED: COLLEGE ACCESS CURRICULUM - <i>The National Center for College & Career –</i> https://r.search.yahoo.com/_ylt=AwrJ_GqY0aVlzbIM6UhXNyoA;_ylu=Y29sbwNiZjEEcG9zAzEEdnRpZAMEc2VjA3Ny/RV</p> | |

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| <p>Opportunities</p> | <p>=2/RE=1705394713/RO=10/RU=https%3a%2f%2fconnectednational.org%2fwp-content%2fuploads%2f2021%2f08%2fCOLLEGE-ACCESS-FULL-WORKBOOK-2021.pdf/RK=2/RS= aWgKwRsOskIThFEDeFFRN.Lick- - This curriculum helps students start thinking about how they will feel successful in life. It will also guide students in thinking about and understanding what educational steps will be necessary to fulfill their goals. The curriculum will familiarize students with what colleges are looking for in applicants; introduce the concept of cost of attendance, what it includes, and how it differs by school; explain the four basic types of financial aid; and introduce how to think critically about how college is different from their previous educational experiences.</p> | |
| | <p>Is college right for me? - This online course delves into the myriad options available after high school, focusing on the benefits of college education, understanding college-related terminology, and special programs for students with disabilities. It also offers an in-depth exploration of various college majors, helping students make informed decisions about their academic and career paths. Objectives:</p> <ul style="list-style-type: none"> • Explore terminology related to going to college • Understand the benefits of going to college • Explore different types of colleges, college programs and majors | 6 |
| | <p>Going to college with supports? - This online course provides a comprehensive overview of the resources available for students transitioning to college, with a special focus on those designed for students with special needs. It explains how 504 plans are applied in a college setting and details the support and assistance that college disability offices can offer to ensure a successful academic experience. Objectives:</p> <ul style="list-style-type: none"> • Explore the different resources available for students with disabilities in college • Understand the purpose of and your rights under section 504 | 4 |
| | <p>Paying for college- This online course emphasizes the importance of building a strong support network in college, teaching strategies for forging lasting relationships and networking effectively on campus. It underscores the necessity of setting clear post-high school goals and guides students through developing a comprehensive 4-year action plan to prepare for a successful college experience. The course combines practical advice with actionable steps to ensure students are well-equipped for their academic journey. Objectives:</p> <ul style="list-style-type: none"> • Understand the costs associated with going to college • Recognize the different means of paying the costs of college • Understand the FAFSA and how to complete one to apply for financial aid | 5 |

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| | <p>After high school: Managing life in college- This online course offers an insightful journey into understanding the costs associated with attending your dream college, including a detailed look at financial aid, scholarships, and federal grants. It guides students through the process of funding their education, with specific focus on completing the FAFSA, and differentiating between federal and private loans. The course aims to demystify the complexities of college costs and financial aid, providing students with the knowledge to make informed financial decisions for their education.</p> <p><i>Objectives:</i></p> <ul style="list-style-type: none"> • Understand how to create a high school plan that leads to college • Understand how to network and build relationships for college life | 3 |
| | <p>COLLEGE BOUND TRANSITION CURRICULUM (https://stepp.ecu.edu/transition-curriculum/) This curriculum is designed for students with learning differences. The materials are intended to teach students about college culture and living on campus at a college.</p> | |
| | <p>A Comparison of High School vs College – This course will teach provide students with an overview of what college is like. It will introduce how note-taking and studying are important to college success. The course will also discuss how grades and testing are different than in high school.</p> <p><i>Objectives:</i></p> <ul style="list-style-type: none"> • Understand why studying is important in college • Understand how grading and tests are different than in high school | 3 |
| | <p>Planning for Academic Success – This course will discuss goal setting for college as well as maintaining balance in your academic and personal life. Students will learn how it is important to plan time for classes, studying, personal life, etc.</p> <p><i>Objectives:</i></p> <ul style="list-style-type: none"> • Understand how to set goals for college • Identify areas to plan/budget time for while attending college | 3 |
| | <p>College Communication – This course will discuss sending emails to teachers and classmates as well as writing thank you notes. Students will also discuss constructive criticism and how to receive and respond appropriately.</p> <p><i>Objectives:</i></p> <ul style="list-style-type: none"> • Learn to write appropriate emails in college • Recognize and respond to corrective criticism | 3 |
| | <p>Campus Living This course will introduce students to campus living options. Students will learn about campus diversity, living with a roommate, and conflict management. The lessons will discuss the importance of understanding your own personality and how you interact with others.</p> <p><i>Objectives:</i></p> <ul style="list-style-type: none"> • Identify the various housing options while attending college • Create a list of important characteristics for a roommate | 3 |
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| Self-Advocacy | <p>ME! CURRICULUM - Curriculum (ou.edu) – <i>The ME! Curriculum is a curriculum developed and made available for free through the University of Oklahoma’s Zarrow Center for Transition and Self-Advocacy. The ME! Lessons for Teaching Self-Awareness and Self-Advocacy curriculum consists of ten units developed for the purpose of teaching critical transition knowledge and skills to high school students with disabilities.</i></p> | |

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| | <p>Intro to Self-Advocacy - This course offers a comprehensive exploration of self-awareness, self- advocacy, and special education. Students explore the concepts of self-awareness and self-advocacy, learning to define these terms, identify personal strengths and weaknesses, and recognize real-life examples. They will explore a historical perspective on disabilities while engaging in learning about the evolution of perceptions towards disabilities, key events that shaped societal attitudes, and the different types of Individualized Education Program (IEP) meetings.</p> | 4 |
| | <p>Objectives:</p> <ul style="list-style-type: none"> • Define and identify examples of self-awareness and self-advocacy • Identify barriers and/or prejudice people with disabilities face | |
| | <p>Communication & Self-Awareness - The purpose of this course is to improve student communication skills by providing them with important strategies, skills, and opportunities for practice and evaluation. Students will learn to effectively disclose their disability and improve verbal communication. The self-awareness section prompts students to engage in research and reflection, highlighting prominent individuals with disabilities.</p> <p>Objectives:</p> <ul style="list-style-type: none"> • Identify appropriate situations when you should approach others to present information about your disability and needs • Distinguish between appropriate and inappropriate non-verbal communication (body language) including personal space, eye contact, posture, etc. • Identify well-known persons with disabilities | 5 |
| | <p>Advocating for My Needs - This course is designed to empower students with self-advocacy skills both in high school and post-high school environments. Students will learn to plan, schedule, and conduct self- advocacy meetings, improve their communication skills, and identify their strengths and areas for improvement in self-advocacy. They will also learn how to disclose disabilities appropriately in the workplace, respond effectively to disability-related inquiries, as well as how to communicate with Disability Service offices.</p> <p>Objectives:</p> <ul style="list-style-type: none"> • Identify strengths and needs regarding personal communication skills • Distinguish legal from illegal job interview and application questions according to ADA • Identify appropriate responses to questions about disabilities and abilities asked on job applications and interviews • Identify appropriate responses when asked inappropriate questions on job applications and in interviews | 5 |

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| | <p>Developing My Resources- This course guides students through creating a comprehensive personal resource. Students will learn about the Summary of Performance and its purpose, compile their own summaries, and understand its applications. They will also compare their initial and current self-assessments using the YOU! and ME! Scales, identify improvement areas, and recognize ongoing growth opportunities.</p> <p>Objectives:</p> <ul style="list-style-type: none"> • Identify the purpose of and complete a Summary of Performance • Identify possible challenges in their future and solutions to those challenges | 3 |
| | <p>What's My Role? This course offers an in-depth understanding of Individualized Education Programs (IEPs), legal rights, and self-awareness for students. It covers the essentials of IEPs, including key components and information like goals and modifications. The course also addresses legal aspects under IDEA, Section 504, and ADA, focusing on student responsibilities and accommodations.</p> <p>Objectives:</p> <ul style="list-style-type: none"> • Understand the student role in the IEP meeting • Understand rights and responsibilities after high school | 3 |