



Telehealth: Overview of Law & Ethics

Presented by Amanda Rowan, LCSW
and Michelle Seely, LMFT

Therapist Development Center ASWB #1449

Course format: Self-paced recorded audio lecture

Length: 3 hours

Continuing education credits: 3

About the Course

As telehealth continues to grow, mental health professionals must be well-versed in the legal requirements and ethical codes to ensure the standard of care is met. This course invites participants to join Amanda Rowan, LCSW, and Michelle Seely, LMFT, as they take a deep dive into telehealth's legal and ethical considerations. Upon completing this course, participants will have a foundational understanding of the legal and ethical issues related to the provision of telehealth services. This course is appropriate for clinicians in all 50 states, and is a requirement for mental health professionals in California.

Instructors

- **Amanda Rowan** is an LCSW and the founder and CEO of the Therapist Development Center. Amanda graduated with honors from Dartmouth College, where she majored in Neuroscience. She earned her Master of Social Welfare degree at UCLA. Since founding the Therapist Development Center in 2008, Amanda has prepared more than 50,000 therapists nationwide to pass their state licensing exams. She is a certified Gestalt Therapist who has worked with a wide variety of clients in various settings over the past 20 years. She is a highly effective instructor with a passion for collaborating with seasoned therapists who understand what works because they do it daily.
- **Michelle Seely** (LMFT) is a licensed therapist with a private practice in Los Angeles. She is an experienced teacher of gestalt and meditation and has trained and supervised licensed therapists and associates in the US and internationally. She has served on the core faculty at the Pacific Gestalt Institute for over a decade. She is a contributing author to the academic anthology, *The Relational Heart of Gestalt Therapy* (Routledge 2022). She was trained to teach Mindful Self-Compassion (MSC) by the program's developers, Kristin Neff, and Chris Germer, and has taught privately and with InsightLA Meditation. She is president emeritus of the Gestalt Therapy Institute of Los Angeles (GTILA), where she also served on the executive board for eight years.



Who Should Take This Course

This course is appropriate for mental health clinicians at all levels of experience who utilize telehealth in their practice. This course meets the 3 hour telehealth training requirement for the California BBS.

Therapist Development Center, provider 1449, is approved as an ACE provider to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Regulatory boards are the final authority on courses accepted for continuing education credit. ACE provider approval period: 5/30/24-5/30/27. Social workers completing this course receive 3 legal and ethical continuing education credits.

Therapist Development Center is recognized by the New York State Education Department's (NYSED) State Board for Social Work as an approved provider of continuing education for licensed social workers SW-0857.

*The BBS accepts courses approved under ASWB ACE for all licensees in California.

Learning Objectives

1. Define telehealth
2. Describe the legal and ethical requirements of telehealth
3. Identify the eight ethical domains impacted by telehealth
4. Implement an ethical social media usage plan

Course Outline

1. Definition of Telehealth
2. Laws vs. Ethics
3. Legal Requirements for Telehealth Training
4. Why read the CodeS of Ethics
5. 8 Ethical Domains Impacted by Telehealth
 - 5.1. Self-Determination/Client Autonomy
 - 5.2. Determining Appropriateness of Teletherapy
 - 5.3. Informed Consent
 - 5.4. Ensuring Competence
 - 5.5. Privacy and Confidentiality
 - 5.6. Treatment Disruption
 - 5.7. Termination of Services
 - 5.8. Impact of Values and Potential Conflicts
 - 5.8.1. Guidelines for Ethical Social Media Usage
6. Legal Requirements - Initial and Ongoing

Registration Please register online at www.therapistdevelopmentcenter.com

How to access this course Once registered, participants will be able to download handouts and listen to recorded audio lectures.

Price \$36



Certificate of Completion The participant can print their certificate of completion immediately after receiving a score of 80% or better on the posttest and completing the course evaluation.

Grievance & Refund Policy: To view our grievance policy, [click here](#). To review our refund policy and terms of use, [click here](#).

ADA Needs We are happy to accommodate your ADA needs, please email help@therapistdevelopmentcenter.com

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Contact Information

Therapist Development Center: [Email: help@therapistdevelopmentcenter.com](mailto:help@therapistdevelopmentcenter.com)

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