



Clinical Supervision: 15 Hour Foundations

Presented by Sharon Greene, LCSW
and Amanda Rowan, LCSW

Therapist Development Center Provider # 1449

Course format: Self-paced recorded audio

Length: 15 hours

Continuing education credits: 15

About the course

This course will help both current and aspiring supervisors in developing and strengthening their supervisory skills. With the proper level of knowledge and competencies, supervisors can assist newer mental health professionals build their skills and preserve a higher level of professionalism in the field. This course is divided into five parts.

1. **The first part** provides an overview of supervision and will review the role of a supervisor, expected competencies, and helpful/harmful characteristics of both the supervisor and supervisee.
2. **The second part** will explain the importance of adopting a supervisory model and provide a detailed overview of the Integrated Developmental Model. The Integrated Developmental Model provides a roadmap for supervisors that enhances their understanding of their supervisee's stage of development and assists the supervisor develop realistic expectations, build compassion and understanding, and allow them to offer interventions that align with their supervisee's developmental needs and abilities. Following the in-depth review of IDM, there is a review of different theoretical approaches to supervision as well as how to use technology in supervision.
3. **The third part** of this course provides a review of a benchmark law and ethics test that can be completed by new supervisees to help supervisors understand the supervisee's knowledge level and identify what additional support or training the supervisee will need. This section also includes an overview of documentation requirements and best practices in supervision.
4. **Part four** covers the art of giving feedback, with a focus on the importance of corrective/constructive feedback. Many supervisors experience difficulties in offering this type of feedback; however, research shows that it is highly valued by supervisees and it is necessary for their professional development.
5. **The final section** of this course will teach supervisors how to assist their supervisees identify and manage countertransference in their clinical relationships.



Instructors

- **Sharon Greene** is a Licensed Clinical Social Worker. Sharon has served as adjunct faculty at University of Southern California and California State University Northridge in the Graduate Social Work Department, and a lecturer at UCLA's Luskin School of Public Affairs. She is currently the training director at Providence Saint John's Child and Family Development Center which is a nonprofit that provides mental health services to children and their families. She has been providing mental health services to children and their families for over 15 years. She is a certified therapist, supervisor and trainer in Interpersonal Psychotherapy by the Interpersonal Psychotherapy Institute. She has been providing training and supervision in this model for more than 5 years and has seen its efficacy in treating clients with multiple psychiatric disorders.
- **Amanda Rowan** is an LCSW and the founder and CEO of the Therapist Development Center. Amanda graduated with honors from Dartmouth College, where she majored in Neuroscience. She earned her Masters in Social Welfare at UCLA. Since founding the Therapist Development Center in 2008, Amanda has prepared more than 100,000 therapists nationwide to pass their state licensing exams. She is a certified Gestalt Therapist who has worked with a wide variety of clients in a range of settings over the past 20 years. She is a highly effective instructor who has a passion for collaborating with seasoned therapists who understand what works because they do it every day.

Who Should Take This Course

This workshop is designed for mental health clinicians with two or more years of post-licensure experience who are interested in developing or enhancing their clinical supervision skills.

Therapist Development Center, provider 1449, is approved as an ACE provider to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Regulatory boards are the final authority on courses accepted for continuing education credit. ACE provider approval period: 5/30/24-5/30/27. Social workers completing this course receive 15 clinical continuing education credits.

Therapist Development Center is recognized by the New York State Education Department's (NYSED) State Board for Social Work as an approved provider of continuing education for licensed social workers SW-0857.

Learning Objectives

At the end of this course, participants will be able to:

1. Articulate the role of a supervisor and their expected competencies
2. Articulate the importance of a supervisory model
3. Explain the Integrated Developmental Model (IDM) and how it can be applied in a supervisory setting
4. Define the four levels of Supervisees according to the IDM



5. Articulate the areas that a supervisor needs to assess in order to understand their supervisee's developmental level
6. Articulate how a supervisor can meet the needs of the supervisee at each level of development
7. Describe best practices for documentation
8. Explain how it is beneficial to administer the benchmark law and ethics to supervisees
9. Integrate the use of constructive feedback in the supervisory relationship
10. Assist supervisees into recognizing and managing their countertransference

Course Outline:

1. Overview of Supervision
2. Theoretical Models of Supervision
3. Technology in Supervision
4. Interview Questions for Supervisees
5. Law & Ethics Supervisee Benchmark Test Review
6. Review of Documentation
7. The Art of Feedback
8. Addressing Countertransference

Registration Please register online at www.therapistdevelopmentcenter.com.

How To Access This Course Once registered, participants will be able to download handouts and listen to recorded audio lectures.

Price \$240

Certificate Of Completion The participant can print their certificate of completion immediately after receiving a score of 80% or better on the post-test and completing the course evaluation.

Grievance & Refund Policy To view our grievance policy, [click here](#). To review our refund policy and terms of use, [click here](#).

ADA Needs We are happy to accommodate your ADA needs; please email help@therapistdevelopmentcenter.com

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