Staying Safe Online Roadmap

Milestones and Goals Overview

Welcome to Staying Safe Online

Module 1
What is Online Safety?

Explore what online safety really means and how to protect your wellbeing, information, and future. Through practical examples, you'll learn to manage risks like scams, oversharing, and cyberbullying while building professional online habits.

Module 2
Cybersecurity Fundamentals

Gain essential skills to keep your accounts, devices, and data secure. This module covers password best practice, two-step verification, spotting scams, and recovering safely from cyber incidents.

Module 3
Online Identity & Reputation

Learn how your online presence shapes real-world opportunities. You'll audit your digital footprint, manage privacy settings, and build a professional, authentic reputation that supports your career goals.

Module 4
Toxic Online Culture & Group Chats

Understand what makes online spaces turn toxic and how to handle it with confidence. You'll develop strategies for respectful communication, boundaries, and reporting harmful behaviour effectively.

Module 5
Digital Wellbeing & Time Online

Discover how to take back control of your attention, sleep, and focus. Learn evidence-based strategies to manage screen time, create balance, and improve your relationship with technology.

Module 6
Online Scams, Fraud & Money Safety

Spot common online scams, protect your personal and financial information, and act quickly if you've been targeted. You'll build confidence using the Stop–Challenge–Protect approach.

Final Assessment & Certificate

*All Modules include interactive elements, written resources & knowledge checks/ assessments