

# THE ONE ABOUT READING OUT LOUD

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## THE STUDY

Dr. Seuss once commented that “the more that you read, the more things you will know. The more that you learn, the more places you’ll go”. But is there a way to read better that means that you are more likely to remember things?

Researchers ran a study where they had students study a list of words in four different ways. These were reading out loud, reading in silence, hearing a recording of themselves and hearing a recording of someone else say the words.

## THE MAIN FINDINGS

1 The researchers found that the study conditions that were most effective through to least effective were:

- ▶ **Studying by reading the words out loud**
- ▶ **Studying by hearing a recording of yourself**
- ▶ **Studying by hearing someone else speak to you**
- ▶ **Studying by reading in silence**



2 The gap between reading aloud and hearing a recording of themselves was quite small, with only

**3%** difference in the final exam separating them.

3 The biggest gap was between the studying by reading the words out loud and reading them in silence, with the former performing

**12%** better than the latter.

