

# THE ONE ABOUT TEACHING OTHERS

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## THE STUDY

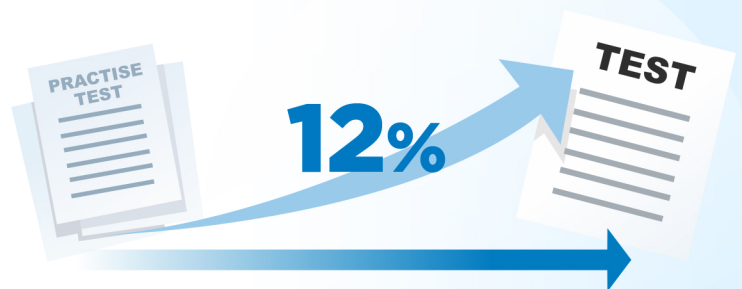
What are the best conditions for learning and revision? Does it help motivate people to know that they have an upcoming test? Or is it more beneficial to tell students that they are going to have to teach the material to one of their peers?

These were the questions that researchers sought to answer. Across two experiments, they split 100 students into two groups (teach others vs prepare for a test). They then measured what they learnt, how much they learnt and how well they did in a test.



## THE MAIN FINDINGS

**1** Students who had been expecting to **teach** the material to someone else remembered more of the material and **did so in a more efficient way** than those who thought there was going to be a test.



**2** In their final exam, those who had **expected to teach someone** performed over **12% better** than those who were working towards the test.

**3** As well as remembering more and performing better in tests, **students who thought that they were going to teach someone** were also **more likely to remember** the important information and key topics.

