

# Types of thinking biases

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## Learning Errors

We avoid using tools from external sources, are over-reliant on how we've previously worked, and forget what we look up on the internet.

## Ability

We value natural talent, overestimate our own, and find it hard to recall being a novice.

## Own Ideas

We seek information that confirms our initial opinions, make current decisions to justify our past ones, and place too much emphasis on our own creations.

## Time

We place too much weight on our first & last impressions, and things often take more time than we think.

## Change

We feel better if we are doing something, want to protect the status quo, and find new, conflicting evidence hard to process.

## Others

We tend to follow the crowd, think everyone is paying attention to us more than they are, and change our behaviour when observed.

## New Information

We listen to people who are similar to us, try to ignore bad news, and think we are immune to thinking biases.

## Results

We judge our decisions based on the outcome, over-remember the success stories, and are more sensitive to negative things.

